

WORKPLACE BULLYING SOUNDS LIKE:

I can't believe he **called me that** at work **again**

She said **I'll be sorry** ... Is she allowed to do that?

Who keeps **moving all my stuff** after I leave?

My **accent** isn't **funny**

Everyone else just came out of a meeting ... **why wasn't I included?**

Looks like I wasn't invited to team lunch ... **again**

I keep **hearing rumours about me** that aren't true

Workplace bullying is not just a joke.

You have the right to a safe and healthy workplace free from bullying and harassment. Bullying at the workplace includes yelling, abuse and ridicule. It also can include deliberately excluding you from activities and cruel tricks such as interfering with your personal belongings and spreading rumours.

Speak to your manager, human resources team or WHS representative to get help. When these internal processes fail, you can report your concerns to WorkSafe ACT and our psychosocial team will look into it. You can even report it anonymously.

