CHECKLIST 018



Use the checklist below to identify potential health and safety problems in your workplace. If you answer no to any of the questions you may need to make some changes. Further information about hazards and how to remove or reduce them can be obtained from the health and safety authority in the relevant state/territory.

Date:

Work location:					
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Access Canbe

Task description:

Look at the tasks performed in your workplace and for each task ask yourself the questions in the checklist

Manual tasks		
Are workers using minimal force/ effort to perform the task?	Yes	No
If the task is performed for prolonged periods, can it be performed at an easy pace?	Yes	No
Are workers able to perform the task with their arms close to their body (ie not reaching away from their body or overhead)?	Yes	No
Are workers able to perform the task in an upright, forward facing position (ie not bent over or twisting/turning their back)?	Yes	No
Are workers necks in a comfortable position when viewing things (ie not bent, tilted or twisted)?	Yes	No
Are workers able to vary their posture throughout the task (ie don't have to stand, sit, kneel or squat for extended periods)?	Yes	No
Are workers able to perform the task with their wrist and forearm in a comfortable position (ie not bent or twisted)?	Yes	No
Are workers protected against vibration when using hand-held power tools or driving trucks/ forklifts for long periods?	Yes	No
Machinery and equipment		
Is your equipment regularly serviced and maintained according to the manufacturer's instructions?	Yes	No
Are there lock out, tag out or isolation procedures in place when maintenance is performed?	Yes	No
Are all operators of equipment trained in how to use it safely?	Yes	No
Do operators of equipment have the appropriate 'ticket' where necessary (eg forklifts)?	Yes	No
Does all equipment have guarding to prevent operators and others accessing hazardous parts?	Yes	No
Is there adequate work space around equipment and is it on a stable foundation to prevent it moving during operation?	Yes	No

Hazard identification checklist

Slips, trips and falls		
Are controls in place to prevent floors from becoming slippery?	Yes	No
Are all floor surfaces even and undamaged?	Yes	No
Are ramps and steps clearly marked?	Yes	No
Are walkways/stairways/ramps kept clear of boxes, rubbish, leads, or other trip hazards?	Yes	No
Are controls in place to prevent people falling off mezzanine floors or other high areas (eg loading bays)?	Yes	No
Are all ladders used stable and in good condition (all ladders should be rated for industrial use and have a load rating of at least 120kg)?	Yes	No
Are all areas well lit?	Yes	No
Personal security		
Is a security surveillance system being used?	Yes	No
Are workers trained in dealing with aggressive or violent customers, robbery?	Yes	No
Are support services available to staff who have been involved in an aggressive incident?	Yes	No
Do cash handling procedures reduce the risk of robbery?	Yes	No
Hot liquids, surfaces or steam		
Are hot parts of equipment guarded or insulated?	Yes	No
Is oil manually filtered when it is cold?	Yes	No
Is a gravity-fed chute or automatic oil filtration system used?	Yes	No
Are fire extinguishers/blankets available?	Yes	No
Hot conditions		
In hot areas, have steps been taken to minimise the amount of heat produced?	Yes	No
Is cool water made available to employees?	Yes	No
Are cool, shaded rest areas available for employees?	Yes	No
Are employees encouraged to wear light-weight, light-coloured and loose fitting clothing in hot areas?	Yes	No

Hazard identification checklist

Electrical		
Is electrical equipment inspected and tested by a competent person (eg electrician) or connected through a safety switch?		
Are damaged plugs, leads and sockets immediately removed from service?	Yes	🗌 No
Are outlets and other electrical equipment used in wet areas suitable for that type of work?	Yes	🗌 No
Are leads kept away from sources of damage (eg water, heat, vehicles, trolleys)?	Yes	🗌 No
Chemical		
Have you obtained a Material Safety Data Sheet (MSDS) for all the chemicals used in your workplace?	Yes	🗌 No
Have you read each MSDS and identified which chemicals are hazardous substances?	Yes	No
Have you got a register which has a list of the hazardous substances used and a copy of each substance's MSDS?	Yes	🗌 No
Is a copy of each hazardous substance's MSDS available near where it is used?	Yes	No
Have you done a written risk assessment for each hazardous substance?	Yes	🗌 No
Have you identified ways to prevent people being exposed to hazardous substances and put those controls in place?	🗌 Yes	🗌 No
Have you identified any hazardous substances for which you have to provide health surveillance?	🗌 Yes	🗌 No
Do ALL hazardous substance containers have a label showing what is in it?	Yes	No
Have you given workers using hazardous substances training in how to use those hazardous substances safely?	Yes	🗌 No
Young workers		
Are young workers closely supervised?	🗌 Yes	🗌 No
Are young workers buddied up with experienced workers?	🗌 Yes	🗌 No
Are young workers trained how to perform tasks safely?	Yes	🗌 No
Do young workers always work with other staff members?	🗌 Yes	🗌 No
First aid		
Is a first aid kit available at the workplace?	☐ Yes	□ No
Are the first aid kit/ s contents suitable for the types of injuries that may be sustained at your	Yes	□ No
workplace?		
Is the first aid kit regularly checked and items replaced if they are no longer usable? Are there any trained first-aiders at the workplace?	Yes	No

Hazard identification checklist		
Emergency producers		
Have you identified emergencies that may require an evacuation of the workplace? For example – fire, chemical spill, cyclone.	🗌 Yes	🗌 No
Is there an emergency evacuation procedure?	🗌 Yes	🗌 No
Is the evacuation procedure displayed in the workplace?	🗌 Yes	🗌 No
Are workers, and anyone else who is going to be at the workplace for extended periods (eg contractors), trained in the evacuation procedure?	🗌 Yes	🗌 No
Are emergency exits clearly marked and kept free from obstructions?	🗌 Yes	🗌 No
Are appropriate fire extinguishers available and regularly inspected?	🗌 Yes	🗌 No
Is fire fighting equipment easily accessible?	🗌 Yes	No No
Is there a procedure for responding to and recording incidents/injuries?	🗌 Yes	No No
Workplace harassment		
Is there a system for workers to report workplace harassment?	🗌 Yes	🗌 No
Have managers/supervisors been trained in how to deal with workplace harassment?	🗌 Yes	🗌 No
Asbestos		
Does the workplace contain asbestos?	🗌 Yes	🗌 No
Are contractors and building maintenance workers made aware of asbestos in the workplace?	🗌 Yes	No No
Has the asbestos been labelled and warning signs appropriately placed?	🗌 Yes	No No
Is asbestos removal conducted by a licensed removalist?	🗌 Yes	No No
Fire		
Is gas equipment in a well lit and draught free area?	🗌 Yes	🗌 No
Is the gas supply switch clearly labelled?	🗌 Yes	🗌 No
Are exhaust fans and hoods regularly cleaned?	🗌 Yes	No No
Are fire systems regularly maintained by appropriately qualified personnel?	🗌 Yes	🗌 No
Are emergency procedures in place and are they tested?	🗌 Yes	No No
Has a gas shut-off valve been installed?	🗌 Yes	🗌 No

Hazard identification checklist		
Are electrical appliances regularly checked and maintained?	Yes	No
Are flammable materials, clothes and paper stored away from sources of heat?	Yes	No
Are workers trained in the use of fire safety equipment like fire extinguishers, fire blankest etc?	Yes	No
Are first aiders capable of treating burn and smoke inhalation injuries?	Yes	No
Knives and sharp tools		
Are knives kept sharp and maintained in good working condition?	Yes	No
Are knives used on suitable cutting boards placed on a firm surface?	Yes	No
Are knives washed separately to other utensils?	Yes	No
Are workers who use knives trained to use and sharpen knives safely?	Yes	No
Do slicing machines and butchers' steels have hand guards?	Yes	No
Are knives stored on a suitable knife shelf, in a knife block or sheaf or on a suitable magnetic strip mounted against a wall?	Yes	No
Are cut resistant mesh gloves provided for workers?	Yes	No
Are first aiders capable of treating knife wounds?	Yes	No
Noise		
Do you consider noise when buying kitchen appliances?	Yes	No
Where noise issues cannot be eliminated or reduced do workers wear hearing protection?	Yes	No
Are machines and ventilation equipment regularly maintained?	Yes	No
Can job rotation be used to reduce the length of time of exposure to noise?	Yes	No