



It pays to be in the shade

Elimination

- + if reasonably practicable, carry out work inside, or at night when safe

There are over 30,000 skin cancer diagnoses linked to workplace ultraviolet radiation (UVR) exposure each year. The majority would be prevented by eliminating or reducing exposure.

Isolation, substitution and engineering controls

- + work under shade
- + work during times with lower UVR

When you're enjoying the outdoors, you should always remember to **slip, slop, slap, seek and slide**. But at work, there are steps that **must** be taken to protect workers from the sun.

Administrative controls

- + rotate tasks to reduce exposure
- + UVR education

Eliminating a risk where it is reasonably practicable is always the safest option and must be considered first. If the risk can't be eliminated, it must be mitigated following the hierarchy of controls.

PPE

- + hat
- + sunscreen
- + sunglasses
- + long sleeves and pants

In most cases, a combination of control measures will provide the best solution to minimise the risk.

See our *Working in the Sun* fact sheet for more information

